



Lecture 1: What are Human Rights?

References and additional reading suggestions

Treaties and other official documents

- United Nations, *Universal Declaration of Human Rights*, 1948, https://www.ohchr.org/en/udhr/documents/udhr_translations/eng.pdf
- Council of Europe, *European Convention for the Protection of Human Rights and Fundamental Freedoms, as amended by Protocols Nos. 11 and 14 (European Convention on Human Rights)*, 1950, https://www.echr.coe.int/Documents/Convention_Eng.pdf
- African Union, *African Charter on Human and Peoples' Rights*, 1981, <https://www.achpr.org/legalinstruments/detail?id=49>
- Organization of American States, *American Convention on Human Rights*, 1969, https://www.oas.org/dil/treaties_B-32_American_Convention_on_Human_Rights.pdf

Publications

- OHCHR, *Frequently Asked Questions on Economic, Social and Cultural Rights*, Fact Sheet No. 33, Geneva: United Nations, 2008, <https://www.ohchr.org/Documents/Publications/FactSheet33en.pdf>

Websites

- United Nations Treaty Collection: Multilateral Treaties Deposited with the Secretary-General, (no date), <https://treaties.un.org/Pages/Treaties.aspx?id=4&subid=A&clang=en>
- OHCHR - Your human rights > What are Human Rights?, (no date), <https://www.ohchr.org/en/issues/pages/whatarehumanrights.aspx>